



HEIDAWAY

BETHANY BEACH

STARTERS

PINCHOS

GRILLED CHICKEN MARINATED IN HERBS AND SPICES
SERVED WITH SWEET & SPICY BBQ \$8

BEET DIP DUO

ROASTED RED BEET DIP, ROASTED YELLOW CITRUS BEET
DIP, CRISPY CORN TORTILLAS, CUCUMBER, RADISH DF, GF,
VG *NUTS \$9

HANDCUT FRIES

HOUSE FRIES, ROSEMARY KETCHUP \$6

POTATO CAULI COMBO

FRESH HERBS, NUTRITIONAL YEAST CRUMB, CHIPOTLE
LEMON AIOLI \$8

TUNA CEVICHE

FRESH TUNA, LIME, CILANTRO, AVOCADO PUREE, SPICED
CASHEWS \$12

HERB FLATBREAD

CARNE - ROASTED MUSHROOM, PULLED PORK, SMOKED GOUDA, BBQ, ARUGULA \$10
VEGGIE - ROASTED ZUCCHINI, EGGPLANT, PEPPERS, RED ONION, SPINACH, FETA, BALSAMIC REDUCTION \$10

SALADS

ADD ONS: GRILLED CHICKEN \$6, GRILLED SHRIMP \$7, STEAK \$8

KALE CAESAR KALE, AGED PARMESAN, HERB CROUTONS, HOUSE CAESAR DRESSING \$12

MIXED GREEN SALAD RED ONION, CHERRY TOMATOES, CUCUMBER, RADISH, DIJON TARRAGON VINAIGRETTE DF,
GF, VG \$11

BEET SALAD CHILLED BEETS, ARUGULA, WHIPPED GOAT CHEESE, TOASTED CASHEWS, BALSAMIC GLAZE, HERB OIL
GF \$11

THE MEDITERRANEAN MARINATED VEGGIES, KALAMATA OLIVES, FETA, CRISPY CHICKPEAS \$13

SANDWICHES

SERVED WITH FRIES, SUB SIDE SALAD +\$2; GLUTEN FREE BREAD AVAILABLE

MAINE LOBSTER ROLL

BUTTERED MAINE LOBSTER, LETTUCE, TOASTED LOBSTER
ROLL \$20

VEGGIE BURGER

SWEET POTATO, BLACK BEAN, JASMINE RICE, FARM
GREENS, SESAME SEED BUN, RED ONION, TOMATO,
CHIPOTLE AIOLI, FRIES DF, GF*, V \$14

HEIDAWAY BURGER

2 GRASS-FED BEEF PATTIES, CHEDDAR CHEESE, TOMATO,
RED ONION, PICKLES, CHIPOTLE AIOLI \$15
(CAN COOK TO MEDIUM OR WELL DONE)

TACOS

2 SOFT CORN TORTILLAS

YOUR CHOICE OF:

CHICKEN \$9, FISH \$10, PORK \$9, OR BEEF \$10

SIDE OF FRIES \$3, RICE & BEANS \$4, SALAD \$4

ENTREES

JERK CHICKEN BAKED SWEET POTATO AND YUCCA, RED CABBAGE SLAW WITH
MANGO AND PAPAYA \$22

SCALLOPS SAUTÉED BAY SCALLOPS, BRAISED GREENS AND SMOKED GOUDA GRITS
\$30

VEGGIE PASTA BOW TIE PASTA, WILD MUSHROOMS, ROASTED VEGETABLES, HERB
CRUMB \$18

CATCH OF THE DAY RICE PILAF, ROASTED VEGETABLES, CHARD LIME, SPICY MAYO
MKT

BUTCHER'S CUT ASK SERVER FOR CUT OF THE DAY, SERVED WITH CRISPY POTATOES,
ROASTED VEGETABLES, HOUSE DEMI-GLACE MKT



KIDS MENU \$9

KIDS CHICKEN

KIDS PASTA

KIDS BURGER

GRILLED CHEESE