

LUNCH
MENU

HEIDAWAY

BETHANY BEACH

STARTERS

PINCHOS GRILLED CHICKEN MARINATED IN HERBS AND SPICES SERVED WITH SWEET & SPICY BBQ \$12

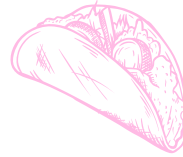
HANDCUT FRIES HOUSE FRIES, ROSEMARY KETCHUP \$6

TUNA CEVICHE FRESH TUNA, LIME, AVOCADO, PURÉE, SPICED CASHEWS \$15

BEET DIP DUO ROASTED RED BEET DIP, ROASTED YELLOW CITRUS BEET DIP, CRISPY CORN TORTILLA, RADISH *NUTS \$10

POTATO CAULI COMBO FRESH HERBS, NUTRITIONAL YEAST, CRUMB, CHIPOTLE LEMON AIOLI \$8

HERB FLATBREAD CARNE \$12 VEGGIE \$11



Add a side
to make it a meal

TACOS

2 SOFT CORN TORTILLAS

CHICKEN \$10

SHRIMP \$12

PORK \$10

STEAK \$11

SIDES \$4: FRIES, RICE & BEANS, SALAD, VEGGIES

BRUNCH

AVOCADO TOAST SOURDOUGH TOAST, SMASHED AVOCADO, ROASTED VEGGIES with a SUNNY SIDE UP EGG \$13

BREAKFAST SANDWICH SOURDOUGH, BACON, CHEESE, FRIED EGG \$11

FRENCH TOAST CHALLAH RAISIN FRENCH TOAST with SYRUP & MIXED BERRIES \$11

BREAKFAST BURGER 2 BEEF PATTIES, TOPPED with AMERICAN CHEESE, BACON, and a SUNNY SIDE UP EGG, FRENCH FRIES \$19 (SUB A VEGGIE PATTY INSTEAD OF BEEF)

SALADS & BOWLS

ADD ONS: CHICKEN \$7, GRILLED SHRIMP \$8, STEAK \$9

KALE CAESAR KALE, AGED PARMESAN, HERB CROUTONS, HOUSE CAESAR DRESSING \$13

MIXED GREEN SALAD RED ONION, PICKLED CHERRY TOMATOES, CUCUMBER, RADISH, DIJON TARRAGON VINAIGRETTE \$12

THE MEDITERRANEAN CUCUMBER, TOMATO, RED ONION, OLIVES, FETA, CRISPY CHICKPEAS \$14

BEET SALAD CHILLED BEETS, ARUGULA, WHIPPED GOAT CHEESE, TOASTED CASHEWS, BALSAMIC GLAZE, HERB OIL *NUTS \$13

CABO BOWL RICE, BEANS, PICO DE GALLO, QUESO FRESCO, HOUSE SLAW, SLICED AVOCADO, CHIPOTLE AIOLI, LIME CREMA \$14

HANDHELDS

SUB SIDE SALAD +\$2, GLUTEN FREE BREAD AVAILABLE

MAINE LOBSTER ROLL BUTTERED MAINE LOBSTER, LETTUCE, TOASTED LOBSTER ROLL, FRIES MKT

VEGGIE BURGER SWEET POTATO, BLACK BEAN, JASMINE RICE, FARM GREENS, SESAME SEED BUN, RED ONION, TOMATO, CHIPOTLE AIOLI, FRIES \$15

CHICKEN TORTA CHIPOTLE MARINATED CHICKEN, QUESO, RED CABBAGE, BLACK BEAN PURÉE, AVOCADO, LIME CREMA, PICO, CHIPS \$14

CUBANO SHREDDED PORK, SWISS CHEESE, PICKLES, MUSTARD, PRESSED BAGUETTE, CHIPS \$12

HEIDAWAY BURGER 2 GRASS-FED BEEF PATTIES, AMERICAN CHEESE, TOMATO, RED ONION, PICKLES, CHIPOTLE AIOLI, FRIES \$18
(CAN COOK TO MEDIUM OR WELL DONE)

KIDS MENU (12 & UNDER)

PASTA \$8 BURGER & FRIES \$9 GRILLED CHEESE & FRIES \$9 GRILLED CHICKEN & FRIES \$9